



项目二 土家族服饰认知

Project Two Awareness on Costumes of Tujia

任务三 土家族服饰特点

Task Three Costumes Feature of Tujia

3.1: 土家族服饰结构款式特点

3.1: Characteristics of costume structure style of Tujia

土家族服饰的结构款式以简朴实用为原则，喜宽松，结构简单，但是注重细节，喜宽松、衣短裤短、袖口和裤管肥大。男女老少皆穿无领滚边右衽开襟衣，衣边衣领会绣上花纹装饰，绣工精美，色彩艳丽，具有浓厚的民族特色。土家族服饰主要包括男子服饰、女子服饰、小孩服饰和鞋帽配饰。其中讲究最多的算女子服饰，“从上领到下摆到衣裙脚绣有一寸五宽的花边，衣袖各有一大条花边，大花边一寸五宽，小花边有手指宽，袖大一尺二寸许，花边宽窄与表袖相同，裤大约一尺五寸。”女子服饰包括围裙、太襟、头包、三股筋、银钩、露水衣、女鞋及鞋垫等；男子服饰虽然较简单，但是经历了从“男女一式”到“男女分制”的过程。土家族男子服包头的有青丝帕或青布、穿琵琶襟、中年以上的男子穿满襟衣、对胸衣，鞋子根据季节的变化分为草鞋、布鞋和钉鞋；小孩的服饰没有过多的讲究，主要突出在帽子上。按年龄、季节确定帽形：“如春秋戴‘紫金冠’，夏季戴‘冬瓜圈’，冬季戴‘狗头帽’、‘鱼尾帽’、‘风帽’等。”这些帽子上除用五色丝线绣“喜鹊闹梅”、“凤穿牡丹”和“长命富贵”、“易养成人”、“福禄寿禧”等花鸟和文字外，还在帽檐正面缝上“大八仙”、“小八仙”、“十八罗汉”等银菩萨。这些精巧的服饰，可说是土家人的智慧，也是民族服饰的珍品。”服饰历来是土家族人民追求美的重要鉴证，土家族服饰千姿百态，衣裙上绣的各种古色古香的图案，异彩纷呈，结构简练，款式实用，是土家族民族工艺之精华。

The structure and style of Tujia costumes are based on the principle of simplicity and practicality, prefer loose, simple structure, but pay attention to details, prefer loose, short coats and shorts, and hypertrophy cuffs and trousers. Men, women and children of all ages wear



collarless jackets with piping on the right side. The collars will be embroidered with decorative patterns. The embroidery work is exquisite, the colors are bright, and it has strong national characteristics. Tujia costumes mainly include men's costumes, women's costumes, children's costumes and shoes and hats accessories. Among them, women's costumes are the most particular. "From the top collar to the hem to the skirt, there are one point five inches wide lace embroidered, and each sleeve has a large lace. The large lace is one point five inches wide, the small lace is finger wide, the sleeve is one point two inches, the lace is the same width as the table sleeve, and the pants are about one point five inches. Women's costumes include aprons, lapels, head wraps, three strands, silver hooks, dewy clothes, women's shoes and insoles, etc. Although men's costumes are simpler, they have undergone the process from "one style for men and women" to "separate system for men and women". Tujia men's clothes include green silk handkerchiefs or green cloths, lapel lapels; full lapel clothes and breast clothes for men above middle age, and shoes are divided into straw shoes, cloth shoes and nail shoes according to the seasonal changes: children's clothes are not too elaborate, mainly in the hat. According to age and season, the shape of the hat is determined: such as wearing a "purple and gold crown" in spring and autumn, wearing a "white gourd circle" in summer, and wearing a "dog head hat", "fishtail hat", "hood" and so on in winter. In addition to embroidering flowers, birds and characters such as "Magpie and Plum", "Phoenix and Peony", "Long Life and Wealth", "Easy to Raise People" and "Jubilee", these hats are embroidered with five-color silk threads, the "Big Eight Immortals", "Little Eight Immortals", "Eighteen Arhats" and other silver Bodhisattvas are worn at the cap peaks. These exquisite costumes can be said to be the wisdom of the Tujia people and the treasures of national costumes." Costumes have always been an important testament to the pursuit of beauty by the Tujia people. Tujia costumes are varied. The various antique patterns embroidered on the costumes are colorful, which are simple in structure and practical in style, and are the essence of Tujia national craftsmanship.